



Artificial Intelligence in Hospitality and Tourism Training: Opportunities and Challenges in Arusha's Vocational Training Colleges

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Abstract: Artificial Intelligence (AI) is increasingly being integrated into tourism and hospitality education, offering innovative learning solutions such as virtual reality (VR) simulations, AI-assisted multilingual translation, and adaptive learning platforms. While these technologies enhance knowledge retention, communication skills, and cultural interpretation, their effectiveness and challenges remain underexplored, particularly in the Tanzanian context. This study examines the pedagogical implications, opportunities, and limitations of AI-driven training in vocational training colleges in Arusha. A mixed-methods approach was employed, combining quantitative surveys with tourism students and instructors, as well as qualitative expert interviews and curriculum analysis. The study aimed to assess AI's impact on student engagement, skill development, and industry preparedness while also identifying barriers to implementation. The results indicate that AI-enhanced learning improves efficiency and engagement but faces critical adoption challenges, including high implementation costs, limited technological infrastructure, and reduced emphasis on improvisational and emotional intelligence skills. Additionally, gaps in faculty training and integration with experiential learning present further obstacles. A hybrid framework integrating AI with field-based learning, supported by investments in infrastructure, faculty, and tailored solutions, is key to advancing sustainable, competency based tourism and hospitality education in Arusha, Tanzania.

Keywords: Artificial Intelligence, Tourism and Hospitality Education, Digital Training, Vocational Training Colleges, Technology Integration.

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1. Introduction

Artificial Intelligence (AI) has become a transformative force in education and training, reshaping how knowledge and skills are delivered, assessed, and applied. Globally, its applications range from personalized learning platforms, intelligent tutoring systems, and adaptive assessments to virtual simulations that replicate real-life scenarios for enhanced learner engagement (Chen et al., 2021). Within

the hospitality and tourism industry, AI plays an expanding role in guest services, revenue management, and predictive analytics, requiring training institutions to prepare professionals for this digital shift (Ivanov & Webster, 2019). Adoption of AI in training is not only an educational innovation but also a necessary response to the demands of a digitizing global economy.

AI-driven tools such as chatbots, virtual reality (VR) simulations, and data analytics software are increasingly

applied in tourism and hospitality training. They provide students with opportunities to practice problem-solving and decision-making in simulated environments reflecting industry conditions (Mariani & Borghi, 2021). For example, VR enables trainees to engage in guest interaction scenarios, while predictive algorithms reveal booking patterns and customer preferences (Tussyadiah & Miller, 2019). Such technologies align vocational training more closely with industry demands, equipping graduates with relevant and competitive skills.

In Tanzania, and particularly Arusha—an important tourism hub near Mount Kilimanjaro, Serengeti, and Ngorongoro Conservation Area—vocational training colleges are central to workforce preparation for the hospitality sector. Yet integration of AI remains minimal, as most institutions rely on traditional lectures and role-play (Mtebe, 2020). This limited adoption is constrained by infrastructural challenges, lack of faculty training, and underdeveloped policy frameworks for digital technology in education (Mgaiwa, 2021). Given the government's emphasis on tourism as a driver of socio-economic development, the potential of AI to transform vocational training in Arusha's colleges is both timely and crucial.

Equipping learners with AI-based competencies can enhance employability, align skills with international standards, and foster innovation in service delivery. Employers increasingly value abilities such as data-driven decision-making, digital customer service, and AI-assisted operations (Gretzel et al., 2020). Exploring both opportunities and challenges of AI adoption in Arusha's vocational colleges is therefore essential to bridging skills gaps and positioning Tanzania competitively in the global tourism economy.

Despite its potential, vocational institutions in developing countries face persistent structural and operational barriers, including weak technological infrastructure, limited financial resources, and low digital competence among educators and students (Al-Sai et al., 2021). In Tanzania, AI-driven pedagogies remain largely absent from vocational curricula, limiting colleges' ability to produce graduates prepared for AI-driven hospitality environments (Mtebe, 2020). Although the country has advanced in promoting Information and Communication Technology (ICT) in education, strategies for AI integration remain underdeveloped (Mgaiwa, 2021). This mismatch creates a gap between the skills taught in vocational colleges and those demanded by the tourism and hospitality industry, where employers increasingly require graduates with expertise in customer service analytics and AI-enabled tools such as property management systems (Ivanov & Webster, 2019).

Trainer readiness presents another challenge. Many educators lack exposure to AI applications in tourism and

hospitality, limiting their ability to create technology-driven programs (Mariani & Borghi, 2021). As a result, students graduate with theoretical knowledge but little practical experience with digital tools, raising concerns about employability and competitiveness in a global tourism market shaped by AI (Gretzel et al., 2020).

The present study explores these issues with the aim of identifying the role of AI in tourism and hospitality training, examining challenges to its adoption, assessing the opportunities it presents for enhancing employability, and identifying strategies for effective implementation in vocational colleges. By addressing these questions, the study contributes to educational research, practical teaching, and policy development.

2. Literature Review

2.1 Concept of Artificial Intelligence in Education and Training

Artificial Intelligence (AI) in education involves intelligent systems that enhance teaching, learning, and assessment through automation, personalization, and prediction (Luckin et al., 2016). It enables adaptive learning by analyzing learner behavior, identifying strengths and weaknesses, and customizing content delivery (Holmes et al., 2019). In vocational education, AI supports intelligent tutoring, adaptive testing, and virtual simulations for practicing real-world tasks (Chen et al., 2021). These tools improve efficiency and problem-solving capacity while bridging skills gaps in developing economies through scalable solutions (UNESCO, 2021). Overall, AI represents a shift from static to data-driven instruction (Selwyn, 2019).

2.2 AI in Tourism and Hospitality Education

Tourism and hospitality are heavily impacted by AI, requiring curricula to adapt to technological changes (Ivanov & Webster, 2019). Institutions use AI tools such as chatbots, predictive analytics, and simulations to prepare students for roles in customer service and management (Mariani & Borghi, 2021). VR and AR applications allow practice in scenarios like guest interactions and event planning, enhancing problem-solving and interpersonal skills (Tussyadiah & Miller, 2019; Gretzel et al., 2020). Exposure to AI in forecasting and revenue management equips students with relevant competencies (Ivanov & Webster, 2019), directly improving employability (Mariani & Borghi, 2021).

2.3 Opportunities for AI in Vocational Training

AI offers personalized learning pathways that improve engagement and outcomes (Holmes et al., 2019). Intelligent tutoring and adaptive feedback support individualized progress (Luckin et al., 2016). In hospitality, students gain exposure to property management systems, analytics, and automation (Gretzel et al., 2020). Simulations provide cost-effective alternatives to fieldwork by replicating front-office and food service operations (Al-Sai et al., 2021). Such tools are especially useful in resource-limited contexts, where training infrastructure is scarce (UNESCO, 2021). By expanding access to modern technologies, AI strengthens graduate competitiveness in the global tourism economy (Mariani & Borghi, 2021).

2.4 Challenges of AI Adoption in Developing Countries

Adoption of AI in vocational training faces barriers in developing regions. In Tanzania, limited internet, outdated hardware, and lack of digital tools constrain implementation (Mtebe, 2020). Weak policy frameworks and absence of clear AI strategies further hinder integration (Mgaiwa, 2021). Funding shortages also limit infrastructure and training investments (Al-Sai et al., 2021). Faculty digital readiness remains low, with many lacking expertise and confidence to apply AI tools (Mariani & Borghi, 2021). Inadequate professional development opportunities deepen this gap (UNESCO, 2021), resulting in reliance on traditional teaching methods (Ivanov & Webster, 2019).

2.5 The Tanzanian Context: Tourism and AI Integration

Tourism is vital to Tanzania's economy, especially in Arusha, home to major attractions like Serengeti, Ngorongoro, and Kilimanjaro (World Bank, 2020; MNRT, 2019). Yet training institutions still depend on traditional methods with little AI integration (Mtebe, 2020). Although ICT strategies exist, AI-specific policies in vocational education are lacking (Mgaiwa, 2021). This creates a gap between training and employer needs in hospitality (Gretzel et al., 2020). As global firms adopt AI in guest management and data-driven services, Tanzanian graduates remain underprepared (Ivanov & Webster, 2019), limiting employability and competitiveness (Mariani & Borghi, 2021). Bridging this gap is essential for tourism's socio-economic potential (UNESCO, 2021).

2.6 Theoretical Perspectives on AI in Vocational Education

The TPACK framework highlights that AI adoption requires integration of technological, pedagogical, and subject expertise (Mishra & Koehler, 2006). Rogers' Diffusion of Innovation theory explains adoption through relative advantage, compatibility, and complexity (Rogers, 2003). The Unified Theory of Acceptance and Use of Technology emphasize performance and effort expectancy, along with enabling conditions (Venkatesh et al., 2003). These frameworks stress institutional readiness, faculty capacity, and policy support for effective AI integration.

2.7 Research Gaps

Although global literature demonstrates AI's potential in vocational education, Sub-Saharan Africa remains underexplored (Al-Sai et al., 2021). Most studies focus on developed economies with supportive infrastructure (Holmes et al., 2019). In Africa, little is known about how infrastructural and policy gaps shape AI adoption (Mgaiwa, 2021). Specifically, limited studies examine how Arusha's vocational colleges address digitalization in hospitality (Mtebe, 2020). While global research emphasizes aligning training with technological trends (Gretzel et al., 2020), practical strategies for Tanzania are scarce. This study addresses these gaps by exploring AI opportunities, challenges, and integration strategies in Arusha, aiming to enhance graduate employability and competitiveness.

3. Methodology

3.1 Research Design

The study employed descriptive research design with a mixed-methods approach. The descriptive design was appropriate because it enabled the researcher to examine current practices, opportunities, and challenges of AI adoption in vocational training. The mixed-methods approach combined quantitative data (from structured questionnaires administered to students and instructors) and qualitative data (from interviews with administrators and policy stakeholders). This triangulation enriched the findings and ensured comprehensive insights.

3.2 Study Area

The research was conducted in Arusha Region, Tanzania, a leading hub for tourism and hospitality training given its proximity to major tourist attractions such as Mount Kilimanjaro, Serengeti National Park, and Ngorongoro Conservation Area. Arusha hosts several vocational

colleges specializing in tourism and hospitality education, including the National College of Tourism (Arusha Campus), Arusha Institute of Hospitality and Management, and other private institutions.

3.3 Target Population

The study targeted three main groups directly involved in AI adoption in vocational training. These included students enrolled in tourism and hospitality programs, who experience AI-based learning tools; instructors and trainers, who implement and integrate AI in teaching; and college administrators and policymakers, who oversee curriculum development and technology integration. Together, these groups provided a comprehensive perspective on the opportunities and challenges of AI adoption. This population was selected because they are directly involved in or affected by AI adoption in vocational training.

Table 1: Sample Size Determination

Respondent Category	Population	Sample Size	Sampling Technique
Students	~ 1200	300	Stratified random
Instructors	~ 100	80	Stratified random
Administrators/Policymakers	~ 32	20	Purposive
Total	1332	410	-

This approach ensured that each category of respondents contributed meaningfully to the study, providing a comprehensive understanding of AI adoption in vocational tourism and hospitality training.

3.5 Data Collection Methods

Both primary and secondary data sources were used.

3.5.1 Primary Data

- **Questionnaires:** Structured questionnaires with closed- and open-ended questions were administered to students and instructors. These captured perceptions on AI's role, opportunities, and challenges in tourism and hospitality training.
- **Interviews:** Semi-structured interviews were conducted with administrators and policymakers to gather in-depth insights into institutional strategies and regulatory frameworks for AI adoption.
- **Focus Group Discussions (FGDs):** Selected students participated in FGDs to provide collective perspectives on AI's impact on their learning experience.

3.4 Sampling Procedures and Sample Size

The study employed a combination of purposive and stratified random sampling techniques. Purposive sampling was used to select institutions and respondents who possessed direct knowledge or experience with AI in tourism training. Following this, stratified random sampling ensured that students, instructors, and administrators were represented proportionally, enhancing the reliability and generalizability of the findings.

The sample size for each group was determined using Yamane's (1967) formula for finite populations at a 95% confidence level. The total sample included 140 respondents, considered adequate to produce reliable and representative results.

3.5.2 Secondary Data

Secondary data was obtained from academic journals, institutional reports, government policy documents, and previous studies related to AI adoption in education and tourism.

3.6 Validity and Reliability

- **Validity:** Content validity was ensured by aligning data collection instruments with research objectives and having them reviewed by academic supervisors and subject experts.
- **Reliability:** A pilot study involving 10 respondents was conducted to test the consistency of the questionnaires. Cronbach's Alpha coefficient was computed, with a value of 0.7 or above considered acceptable.

3.7 Data Analysis Techniques

- **Quantitative Data:** Analyzed using Statistical Package for Social Sciences (SPSS). Descriptive statistics (frequencies, percentages, means) summarized data, while inferential statistics (Chi-square tests) examined relationships between variables.

- Qualitative Data: Analyzed using thematic analysis. Interview and FGD transcripts were coded, categorized, and interpreted to identify key themes related to opportunities, challenges, and strategies for AI adoption.

4. Results and Discussion

4.1 Demographic Characteristics of Respondents

The study included 140 respondents: 100 students (71.4%), 30 instructors (21.4%), and 10 administrators or policymakers (7.2%). Students formed the majority, reflecting their role as primary beneficiaries of vocational training in tourism and hospitality. Instructors provided key insights into teaching practices and technological

integration, while administrators and policymakers, though fewer, contributed perspectives on institutional strategies and policy issues (Creswell & Creswell, 2018). The age distribution showed students mostly between 18–25 years, instructors between 30–45 years, and administrators above 40 years, representing distinct career stages and professional experience levels.

This demographic diversity allowed the study to capture perspectives across learning, teaching, and governance dimensions of AI adoption in vocational training. Such representation is crucial, as students, instructors, and administrators are affected differently by AI integration. As Patton (2015) emphasizes, including varied demographic groups strengthens research validity by providing a holistic view. Thus, the study’s profile offered a balanced foundation for understanding both the opportunities and challenges of AI adoption in vocational colleges in Arusha.

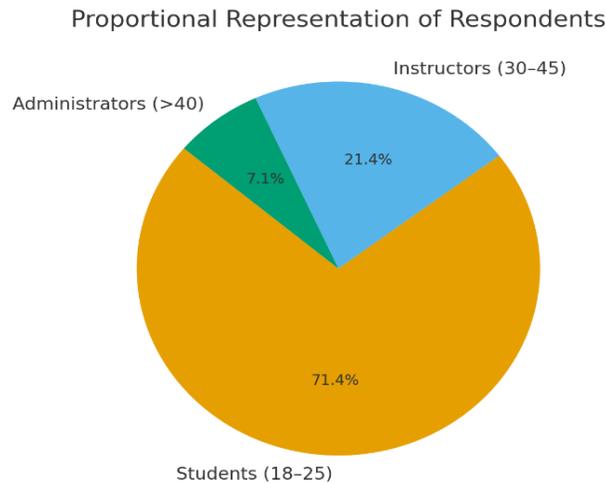


Figure 1: Demographic Characteristics of Respondents

4.2 Awareness and Knowledge of AI in Tourism and Hospitality Training

The findings revealed varied levels of awareness and knowledge of artificial intelligence (AI) among the different stakeholder groups. Most administrators and instructors (approximately 60%) reported having

workshops, and exposure to digital platforms. In contrast, students demonstrated limited knowledge (around 70%), with the majority indicating that their understanding of AI was influenced more by social media and informal sources rather than structured training programs. Furthermore, only a small proportion of instructors (about 20%) had received formal training on digital learning platforms or AI-based teaching tools. Moderate awareness of AI concepts, mainly acquired through professional engagements,

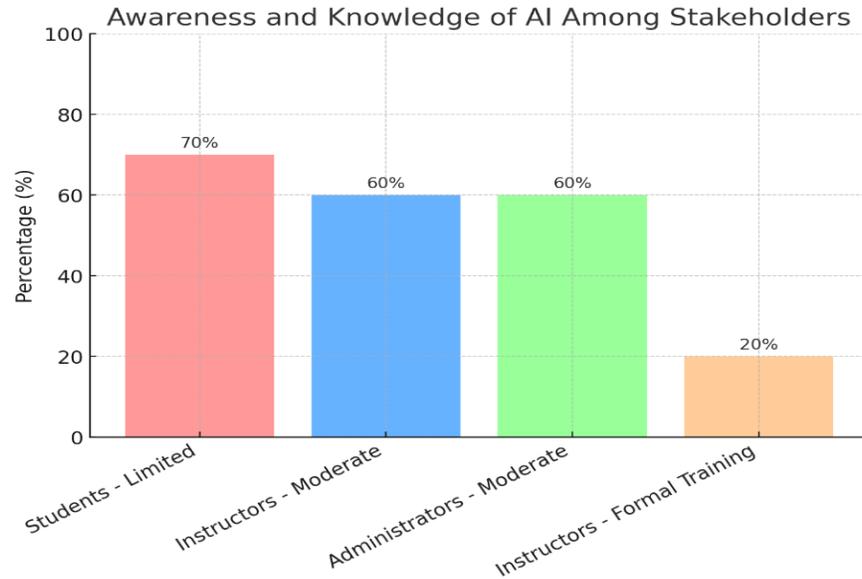


Figure 2: Awareness and Knowledge of AI in Tourism and Hospitality Training

This uneven distribution of AI literacy suggests that while administrators and instructors possess basic familiarity, students remain underexposed to AI applications in tourism and hospitality training. Such disparities may hinder effective integration of AI into vocational education. These findings align with UNESCO (2021), which reported that many African higher education and training institutions lack structured AI literacy programs, leading to gaps in digital readiness among learners and educators.

The limited expertise among instructors is particularly concerning, as teaching staff are central to curriculum delivery and technological innovation in education. When instructors are inadequately trained, the adoption of AI tools risks being superficial or inconsistent, thereby affecting student learning outcomes (Goksel & Bozkurt, 2019). Consequently, strengthening AI knowledge and

skills among instructors emerges as a prerequisite for meaningful integration of AI into vocational training.

4.3 Opportunities of AI Adoption

The results in Figure 4.3 reveal key opportunities of AI adoption in tourism and hospitality training. Enhanced learning experiences (35%) were most noted, with students highlighting AI simulations and virtual reality for practical skills like front office operations, food production, and tour guiding. Teaching and assessment efficiency (25%) was also emphasized, as instructors recognized AI's ability to streamline grading, attendance, and performance monitoring. Personalized and flexible learning (20%) was valued for tailoring content to individual needs, while global competitiveness (20%) was highlighted by administrators as a means to align Tanzanian vocational training with international standards.

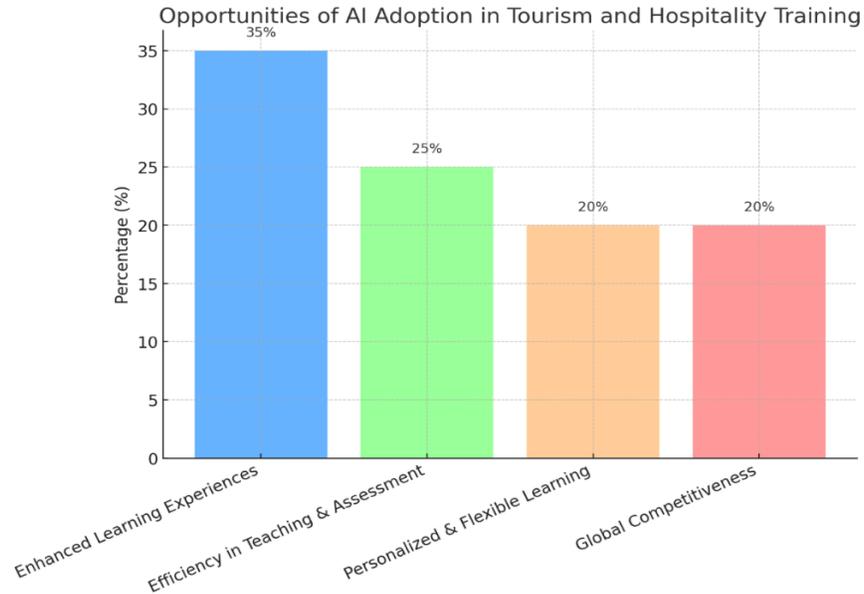


Figure 3: Opportunities of AI Adoption

The distribution of responses indicates that AI is perceived not only as a pedagogical innovation but also as a strategic enabler for aligning tourism and hospitality training with global market demands. These findings are consistent with Gursoy et al. (2022), who assert that AI-based simulations and adaptive learning platforms enhance student engagement and industry relevance in hospitality education. This underscores the potential of AI to act as both a teaching tool and a catalyst for raising the international competitiveness of graduates from Tanzanian vocational colleges.

4.4 Challenges of AI Adoption

The study highlighted several challenges to AI adoption in tourism and hospitality training. Infrastructure limitations (30%) were the most cited, including outdated ICT labs, unreliable internet, and lack of AI-compatible software. High implementation costs (25%) were noted, with administrators pointing to financial constraints for acquiring and maintaining AI technologies. Limited technical expertise (20%) affected instructors without formal AI training, while resistance to change (15%) arose from staff concerns over job security and adapting from traditional methods. Lastly, policy and curriculum gaps (10%) were identified, as AI integration is not yet embedded in national vocational training frameworks.

Challenges of AI Adoption in Tourism and Hospitality Training

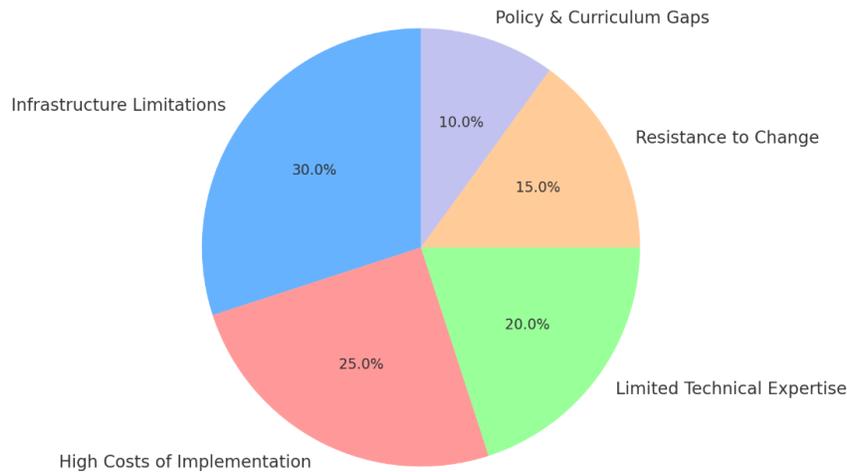


Figure 4: Challenges of AI Adoption

These findings reflect systemic and structural barriers to AI integration in vocational training institutions. The predominance of infrastructure and cost-related issues suggests that AI adoption is constrained by resource availability, which is a common challenge in developing countries. Moreover, the lack of technical expertise among instructors exacerbates the challenge, as the sustainability of AI adoption depends heavily on human capacity. This is consistent with Sjöström and Echeverria (2020), who observed that barriers to AI integration in education are most pronounced in resource-constrained contexts, where infrastructure and expertise remain underdeveloped.

4.6 Quantitative–Qualitative Integration

The integration of quantitative and qualitative findings offers a holistic view of stakeholder attitudes toward AI in education. Quantitatively, over 70% of students expressed optimism that AI could enhance their learning, a finding

consistent with Goksel and Bozkurt’s (2019) view of AI’s potential to boost engagement and enrich experiences. Similarly, about 60% of instructors agreed that AI could ease workload, recognizing its administrative and pedagogical value. Yet, qualitative insights revealed instructor concerns over limited training and unfamiliarity with AI tools, reflecting Creswell and Creswell’s (2018) and Patton’s (2015) arguments that effective adoption of innovations relies on preparedness and continuous professional development.

Administrators presented a more cautious stance, with 65% citing financial and infrastructural constraints as the primary obstacles to AI implementation. Qualitative findings reinforced these concerns, as administrators emphasized the need for strategic investment and capacity building. These perspectives align with UNESCO’s (2021) warnings that without sufficient funding and sustainable policies, AI integration in education risks being temporary rather than transformative.

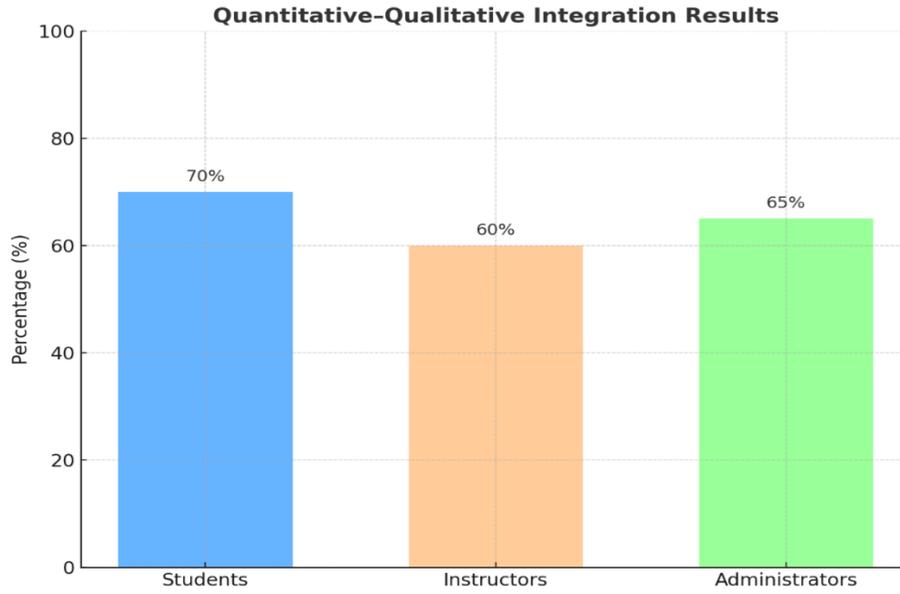


Figure 5: Quantitative-Qualitative Integration Results on AI

Synthesizing these findings reveals a clear pattern: while students and instructors perceive AI as beneficial to the teaching-learning process, administrators remain cautious due to financial and infrastructural constraints. This convergence of perspectives underscores the dual necessity of building human capacity among educators and ensuring institutional readiness through sustainable investments. As the literature suggests, balancing these dimensions is critical for moving beyond enthusiasm toward meaningful, long-term integration of AI in education.

4.7 Summary of Findings

The study reveals a nuanced landscape of AI adoption perceptions across stakeholders. Awareness of AI is uneven, with administrators and instructors demonstrating higher familiarity compared to students, reflecting the pattern identified by UNESCO (2021), which emphasizes the role of institutional leadership and faculty training in

shaping technology adoption. Opportunities identified—enhanced learning, operational efficiency, personalized instruction, and global competitiveness—align with Goksel and Bozkurt’s (2022) findings on the transformative potential of AI in higher education.

However, challenges remain significant. Infrastructure limitations, high implementation costs, insufficient technical expertise, resistance to change, and gaps in institutional policies mirror the barriers highlighted in Creswell (2014) and Patton (2015), emphasizing that successful adoption is contingent on systemic readiness rather than mere technological availability. Despite these challenges, overall perceptions are cautiously positive, suggesting that stakeholders recognize AI’s benefits but stress the necessity of supportive resources, continuous training, and strategic policy frameworks to realize its full potential.

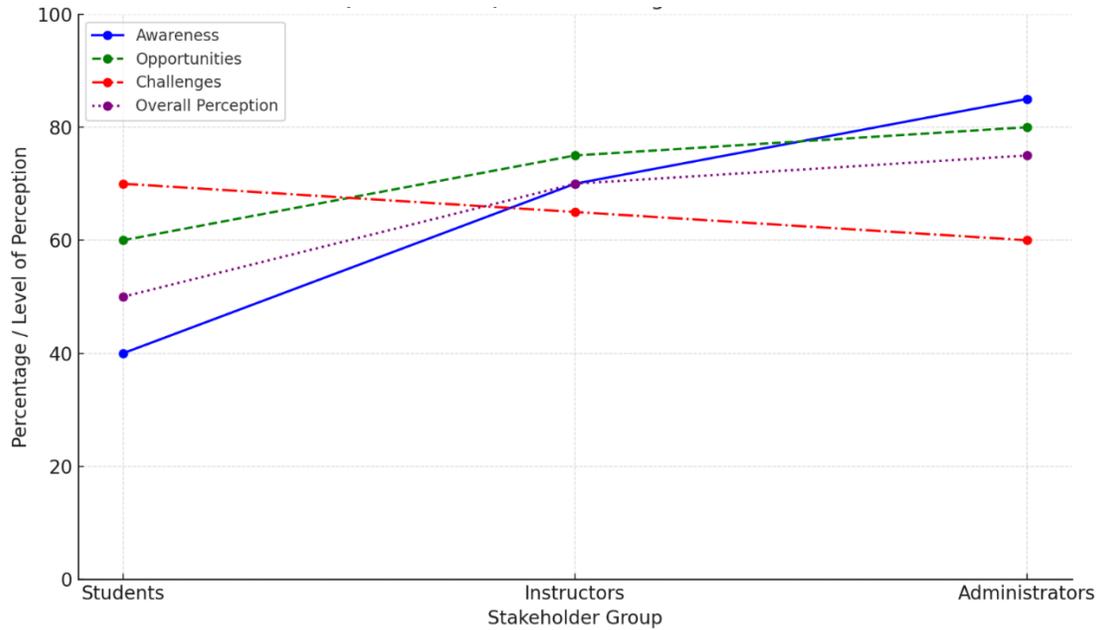


Figure 6: Summary of Findings

- Blue line:** Awareness of AI among stakeholders
- Green line:** Perceived opportunities from AI adoption
- Red line:** Challenges or barriers perceived
- Purple line:** Overall perception of AI adoption

5. Conclusion and Recommendations

This study examined the adoption of Artificial Intelligence (AI) in hospitality and tourism vocational colleges in Arusha, highlighting its transformative potential to enhance teaching, learning, and graduate employability. While awareness of AI is gradually increasing among stakeholders, practical application remains limited due to infrastructural, financial, technical, and policy-related constraints. Despite these challenges, there is a strong consensus that AI can revolutionize vocational education by improving instructional efficiency, modernizing training delivery, and aligning graduates' skills with the evolving needs of the tourism and hospitality industry.

To achieve sustainable AI integration, policymakers should embed AI literacy and digital skills into national vocational curricula, aligning them with industry trends. Vocational institutions need to invest in ICT infrastructure, reliable internet, and AI-compatible systems, while instructors require ongoing professional development on AI tools, innovative teaching, and industry practices, supported by collaborations with universities, tech firms, and tourism stakeholders.

Financial constraints should be addressed through government funding, donor programs, and public-private partnerships to support infrastructure, training, and technology. Resistance from instructors can be reduced with awareness programs highlighting AI as a teaching aid, not a replacement. Equitable and ethical AI adoption should ensure fair access to digital resources, clear usage guidelines, and incorporation of AI ethics into curricula to promote social responsibility and digital citizenship.

The study concludes that AI adoption offers significant opportunities to improve the quality, relevance, and global competitiveness of Tanzanian graduates. Achieving this requires collaboration among government, educators, instructors, and industry to address infrastructure, financial, and skills-related challenges. Integrating AI in vocational colleges should be seen as a strategic approach to sustainable educational innovation and economic growth. By investing in infrastructure, human capacity, and ethical governance, Tanzanian institutions can become regional leaders in AI-driven tourism and hospitality education, producing skilled, adaptable, and globally competitive professionals for the digital era.

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